CHOICES PRE/POST-TEST

Name: _____

Date: _____

Questions 1-11 relate to facts about drinking alcohol. Circle the best answer.

1. **Which of the following drinks contain the most pure alcohol?**
   a. 12 oz. beer
   b. 8 oz. ice beer or malt liquor
   c. 5 oz. glass of wine
   d. 1.5 oz. (one shot) of 80-proof liquor
   e. They all contain the same amount of pure alcohol.

2. **BAC stands for:**
   a. body alcohol concentration
   b. biphasic alcohol concentration
   c. blood alcohol concentration
   d. balanced alcohol concentration
   e. beer and coolers

3. **A standard drink will quickly raise the BAC of a 160-pound person by approximately:**
   a. .01%
   b. .02%
   c. .03%
   d. .04%
   e. .05%

4. **In which group of college students is heavy drinking most common?**
   a. Freshmen
   b. Sophomores
   c. Juniors
   d. Seniors
   e. They all drink about the same amount.

5. **In recent national surveys, what number of college students reported they did not drink any alcohol in the past year?**
   a. 6 percent
   b. 19 percent
   c. 39 percent
   d. 55 percent

6. **At low doses, alcohol creates a mildly stimulating effect by:**
   a. stopping liver function
   b. temporarily decreasing heart rate
   c. speeding up the central nervous system
   d. temporarily increasing heart rate
   e. none of the above

7. **Alcohol is quickly absorbed into the bloodstream from which of the following organs?**
   a. The liver
   b. The kidneys
   c. The walls of the stomach
   d. The small intestine
   e. Both the walls of the stomach and the small intestine

8. **Which of the following factors do not influence BAC?**
   a. The tolerance level of the drinker
   b. The rate at which a person drinks
   c. The gender of the drinker
   d. The amount of food in the drinker's stomach
   e. The weight of the drinker

9. **For nontolerant drinkers, a BAC of .11% to .15% is associated with:**
   a. being **Buzzed**, euphoric, with minor impairment of reasoning and memory
   b. being **Confused** with gross disorientation of time and place
   c. being **Drunk** with a reduced high with depressive effects more pronounced
   d. being **Lightheaded**, relaxed with minor impairment of judgment

10. **For nontolerant drinkers, at what BAC is the "point of diminishing returns"?**
   a. Around .00 – .04%
   b. Around .05 – .07%
   c. Around .08 – .15%
   d. Around .16 – .25%

11. **Who is most likely to experience the most harmful consequences as a result of drinking?**
   a. Students who drink every day
   b. Students who go to parties where everyone is drinking heavily
   c. Students who drink liquor rather than just beer
   d. Students who drink past the point of diminishing returns
   e. Students who drink in order to feel less shy and inhibited

Questions 12-19 relate to your opinions about drinking. People feel differently, so there are no "right" or "wrong" answers.

12. **When I drink, I think it's important to be aware of how much pure alcohol I am consuming.**
   a. Strongly agree
   b. Agree
   c. Disagree
   d. Strongly disagree

13. **I think drinking a lot of alcohol in a short period of time would put me at risk.**
   a. Strongly agree
   b. Agree
   c. Disagree
   d. Strongly disagree

14. **I don't need to drink alcohol in order to have fun when I socialize.**
   a. Strongly agree
   b. Agree
   c. Disagree
   d. Strongly disagree

15. **I think it's important to have a plan in mind to limit my drinking before I go out.**
   a. Strongly agree
   b. Agree
   c. Disagree
   d. Strongly disagree

16. **My personal goals (e.g., academic, social, athletic, etc.) keep me from drinking too much.**
   a. Strongly agree
   b. Agree
   c. Disagree
   d. Strongly disagree

17. **If a friend passes out from drinking, I would know what action to take and do it.**
   a. Strongly agree
   b. Agree
   c. Disagree
   d. Strongly disagree

18. **I am comfortable turning down a drink when one is offered if I don't want it.**
   a. Strongly agree
   b. Agree
   c. Disagree
   d. Strongly disagree

19. **I do not approve of drinking to get drunk.**
   a. Strongly agree
   b. Agree
   c. Disagree
   d. Strongly disagree