

CHOICES PRE/POST-TEST

Name: _____

Date: _____

Questions 1-11 relate to facts about drinking alcohol. Circle the best answer.

- Which of the following drinks contain the most pure alcohol?
 - 12 oz. beer
 - 8 oz. ice beer or malt liquor
 - 5 oz. glass of wine
 - 1.5 oz. (one shot) of 80-proof liquor
 - They all contain the same amount of pure alcohol.
- BAC stands for:
 - body alcohol concentration
 - biphasic alcohol concentration
 - blood alcohol concentration
 - balanced alcohol concentration
 - beer and coolers
- A standard drink will quickly raise the BAC of a 160-pound person by approximately:
 - .01%
 - .02%
 - .03%
 - .04%
 - .05%
- In which group of college students is heavy drinking most common?
 - Freshmen
 - Sophomores
 - Juniors
 - Seniors
 - They all drink about the same amount.
- In recent national surveys, what number of college students reported they did not drink any alcohol in the past year?
 - 6 percent
 - 18 percent
 - 39 percent
 - 55 percent
- At low doses, alcohol creates a mildly stimulating effect by:
 - stopping liver function
 - temporarily decreasing heart rate
 - speeding up the central nervous system
 - temporarily increasing heart rate
 - none of the above
- Alcohol is quickly absorbed into the bloodstream from which of the following organs?
 - The liver
 - The kidneys
 - The walls of the stomach
 - The small intestine
 - Both the walls of the stomach and the small intestine
- Which of the following factors do not influence BAC?
 - The tolerance level of the drinker
 - The rate at which a person drinks
 - The gender of the drinker
 - The amount of food in the drinker's stomach
 - The weight of the drinker
- For nontolerant drinkers, a BAC of .11% to .15% is associated with:
 - being **Buzzed**, euphoric, with minor impairment of reasoning and memory
 - being **Confused** with gross disorientation of time and place
 - being **Drunk** with a reduced high with depressive effects more pronounced
 - being **Lightheaded**, relaxed with minor impairment of judgment

10. For nontolerant drinkers, at what BAC is the “point of diminishing returns”?

- a. Around .00 – .04%
- b. Around .05 – .07%
- c. Around .08 – .15%
- d. Around .16 – .25%

11. Who is most likely to experience the most harmful consequences as a result of drinking?

- a. Students who drink every day
- b. Students who go to parties where everyone is drinking heavily
- c. Students who drink liquor rather than just beer
- d. Students who drink past the point of diminishing returns
- e. Students who drink in order to feel less shy and inhibited

Questions 12-19 relate to your opinions about drinking. People feel differently, so there are no “right” or “wrong” answers.

12. When I drink, I think it’s important to be aware of how much pure alcohol I am consuming.

- a. Strongly agree
- b. Agree
- c. Disagree
- d. Strongly disagree

13. I think drinking a lot of alcohol in a short period of time would put me at risk.

- a. Strongly agree
- b. Agree
- c. Disagree
- d. Strongly disagree

14. I don’t need to drink alcohol in order to have fun when I socialize.

- a. Strongly agree
- b. Agree
- c. Disagree
- d. Strongly disagree

15. I think it’s important to have a plan in mind to limit my drinking before I go out.

- a. Strongly agree
- b. Agree
- c. Disagree
- d. Strongly disagree

16. My personal goals (e.g., academic, social, athletic, etc.) keep me from drinking too much.

- a. Strongly agree
- b. Agree
- c. Disagree
- d. Strongly disagree

17. If a friend passes out from drinking, I would know what action to take and do it.

- a. Strongly agree
- b. Agree
- c. Disagree
- d. Strongly disagree

18. I am comfortable turning down a drink when one is offered if I don’t want it.

- a. Strongly agree
- b. Agree
- c. Disagree
- d. Strongly disagree

19. I do not approve of drinking to get drunk.

- a. Strongly agree
- b. Agree
- c. Disagree
- d. Strongly disagree